

Force Volleyball Club Skills Classes Summer 2011



Volleyball Skills Classes are for players of all ages and levels of experience to improve their skills gain more proficiency in volleyball.

The Summer 2011 Session is scheduled to run for seven (7) weeks.

Full Bio Information of these instructors is available on our Club Website: www.DallasForce.com

FORCE Skills Instructors

- Forrest Medcalf
- Michelle Murray
- Dan Turner
- Aimee Dewitte
- Jennifer Bramlett
- Heather Van Noy

All Summer 2011 Skills Classes are scheduled to be at PSA2.

Class Information

Dates: Weekly Classes starting Week of June 20
Ending Week of August 15

We will skip the weeks of July 4 and August 8

Location: PSA2 601 Seabrook Plano, TX

Cost: \$175 for full session (7 classes). A player may join a class while it is in session for the prorated amount of the remaining classes.

To register online go to www.psaplano.org and click on the MySAM link. These Classes are listed under CLASSES/CLINICS

Level I Classes will cover techniques and footwork for passing, serving and specific positions. These are recommended for beginners up to 5th grade.

Level II Classes will build on those skills while adding in offense and defense positions. These are recommended for players with some experience or have mastered Level I class up to 5th grade.

Level III Classes are designed for players who have played several seasons or have completed our Level I and II classes and are ready to take their skills to the next level. These players are 6th and 7th graders.

Level IV Classes are designed for players who are 8th Grade and high school. These players probably have a particular position on which they

Classes—Summer 2011

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| Level I | Monday | 4:00-5:00p | Silver 7 |
| Level I | Wednesday | 4:00-5:00p | Silver 7 |
| Level II | Monday | 4:00-5:00p | Silver 8 |
| Level II | Monday | 5:00-6:00p | Silver 8 |
| Level II | Wednesday | 4:00-5:00p | Silver 8 |
| Level III | Monday | 5:00-6:00p | Silver 7 |
| Level III | Wednesday | 5:00-6:00p | Silver 7 |
| Level IV | Wednesday | 5:00-6:00p | Silver 8 |

Contact: Forrest Medcalf, Director

Email: fmedcalf@psaplano.org

Club Website: www.dallasforce.com

